# Communities First - Projects List 2013/14

## **Healthier Theme Projects**

### **HC1 Supporting a Flying Start in the Early Years**

Postnatal Programme

Community Antenatal Sessions

#### **HC2 Promoting Physical Well Being**

Streetgames

Cancer Survivors Project

Foodwise

Aquatic Project

Stepping Out

Physical activity sessions

Disability multisport

Olympic legacy

## **HC3 Promoting Mental Well Being**

Mental Health Awareness

Referrals to Services

Self help Sessions

Bereavement and loss group

Carers group

Choir

## **HC4 Encouraging Healthy Eating**

Portion Plate Sessions

Community Grown/Community Consumed Food

Healthy Eating Through Practical Cookery (Solas)

Healthy retailers

### **HC5 Reducing Risks**

Raising Awareness of and Increasing refferals to screening services

To provide Community Based Smoking Cessation Sessions

Young Peoples Sexual Health Work (4 boys 4 girls)

Community Health Champions

Young Peoples Sexual health work

Tenovus health check

# HC6 Supporting People (with additional needs) to Live in the Community

Community Health Champions

# Communities First – Projects List 2013/14

Prosperous Theme Projects
PC1 Helping People to Develop Employment Skills and find Work
Work Clubs
Parent Employment Project
Voluntary Work Placements  Care That Works
Working Towards wellbeing Kick Start
Pre-Employment project
50+ placement project
PC2 Reducing Youth Unemployment and disengagement
SYDIC Youth Support Hub
Caerphilly Passport Programme
URV youth mentor
PC3 Promoting Digital Inclusion
Digital Employment Skills
Computers at Home
PC4 Financial Inclusion - Improving Financial Capability, managing debt and raising income
Finance Keep fit
Healthy homes
Budgeting and finance
PC5 Supporting Enterprise and Timebanking Building Social Capital
PC6 Reducing the Risk of Youth Offending
Prevention Project (Young Risk Takers)

## Communities First - Projects List 2013/14

## **Learning Theme Projects**

## LC1 Promoting Family Learning in the Early Years

Toy library

### LC2 Supporting Young People to Do Well at School

Relax Kids

Woodland Way

School and Family Link (Primary Age / Secondary Age)

Heolddu Achievement Project

Bridging the gap pilot

# LC3 Supporting Families to be Engaged in their Childrens Education

FAST

### LC4 Lifelong Learning in Communities

Outdoor Action

Youth Participation Project

Introducing Community Food and Nutrition Kills - Agored Cymru

Childrens University

Promoting Accreditation and Raising Aspiration with Young People

Sustainable Group Development

## LC5 Improving Adult Life Skills

Essential Skills Project

Get Caerphilly Online - Drop in IT provisions

Family Transition Project

GYR Resource Centre Learnign support hub

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